



SKYDIVE NETHERAVON

TANDEM SKYDIVE INFORMATION PACK 2020

Thank you for choosing Skydive Netheravon for your Tandem Skydive!

We look forward to welcoming you to Netheravon

Skydiving is not something you do every day - well, unless you work here! So we do understand that you may have lots of questions!

This information pack has some essential and useful information, together with a checklist of items you need on the day.

If you have any other questions, don't hesitate to get in touch – and in the meantime, why not get in the mood and visit our Facebook page – don't forget to 'like' us while you are there!



<https://www.facebook.com/tandemskydivenetheravon>



<https://twitter.com/ArmyParachute>



tandem@netheravon.com or coursesmanager@netheravon.com

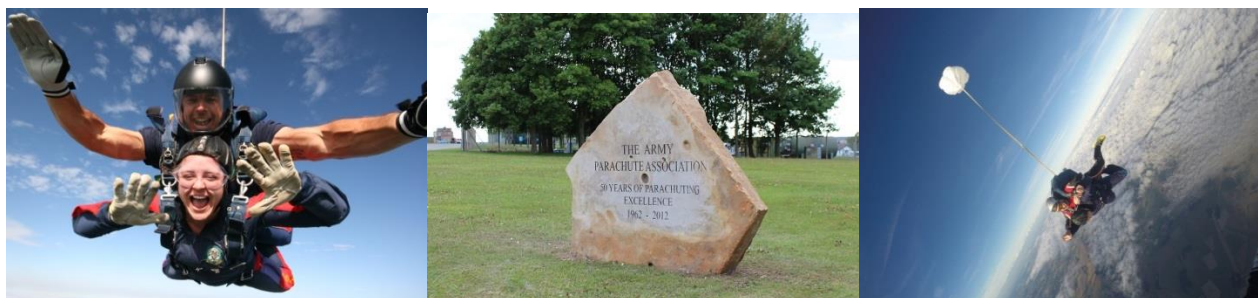


01980-670 734 or 01980-628 250



<http://www.netheravon.com/tandem>

ESSENTIAL INFORMATION



PREPARE TO WAIT **When** you book, you will be given an arrival time. This is **not** the time you will jump! Please be prepared to spend the **whole day** at the parachute centre! Every effort is made to get you into the air as soon as possible but, sometimes a delay is unavoidable, particularly if the weather makes jumping unsafe or you have been delayed in arriving. Please come prepared, especially if bringing young children with you.

FORMS **Within** this pack are the tandem waiver and self-declaration medical forms, plus the Student Provisional Membership form. Filling these in before your arrival and bringing them with you will speed up your booking-in process.

If you have a **known-medical condition**, get the following medical form stamped by a doctor. <http://www.netheravon.com/netheravon-com/ img/Form%20115B%20-%20Student%20Tandem%20Doctors%20Certificate.pdf>

If you are **under 18** the following form will need to be filled in by the person jumping, and counter-signed by a parent/guardian. The self-declaration form will also need to be witnessed by a parent/guardian <https://www.netheravon.com/netheravon-com/ img/Student%20Provisional%20Membership%20&%20Agreement%202018.pdf>

DOGS **Netheravon** Airfield Camp has a strict **“no visiting dogs on camp”** policy. Therefore, we respectfully request that you leave your dogs at home.

GUESTS **Yes**, you may bring friends and family. Please let your guest(s) know that they must bring photo ID. Attach your guests’ names and car registrations to the guest pro forma in this pack and bring it with you on the day and hand it into the Guard Room.

FACILITIES **We** have a Café - Dare’s Diner, on site which provides hot and cold snacks from 8am as well as hot and cold food throughout the day. **Alcohol consumption is forbidden** before your jump. However, alcohol is available in the café and bar for post-jump celebrations!

VOUCHERS **Remember** to bring your voucher with you on the day (if you have one)! Please also remember to check that the voucher is in date before you book. Vouchers expire 12 months from the time of purchase!

WEATHER **The** weather in the UK can be a little unpredictable and there are times we may need to go on a weather hold. This may mean waiting around for bad weather to clear. If in any doubt please call us the afternoon before and we can update you on the weather.

FAQ's

What is a Tandem Skydive?

A Tandem Skydive is a parachute jump from an altitude of up to 2 miles, (13000 ft) consisting of approximately 40-45 seconds free fall and 5 minutes under canopy (parachute), where the student (you) is connected to the instructor by means of a specially designed harness.

Is there a maximum weight?

Maximum weight for a tandem is **16 stone or 101kgs**.

I have a medical condition/disability?

Persons with an existing medical condition or disability must consult the Army Parachute Association in advance to ascertain their suitability to jump. The medical form above will need to be completed, dated and stamped by your doctor and brought with you on the day.

May I wear my GoPro Camera?

Regulations state that no camera equipment may be carried by Tandem students for safety.

What should I wear?

Jeans, tracksuit, leggings or sports clothing. Training shoes – No footwear with hooks.

A sweatshirt in case the weather turns chilly. Gloves if your hands are sensitive to the cold. We provide you with a jump suit, helmet and goggles etc.

How do I find you?

Sat Nav Postcode: **SP4 9RY**

Driving directions: <http://www.netheravon.com/location/>

Video & Photographs?

Skydive Netheravon is home to some of the best air to air videographers in the UK. A Camera Flyer follows the tandem student's journey from gearing up, to boarding the plane, exiting the aircraft, the entire free fall experience, the parachute opening and landing. If you decide to have your skydive filmed, the video and stills are provided on a high res USB stick and are usually edited in tandem reception on the same day. In the case of particularly busy days this can be sent to you by post to avoid a long wait. You can use this on any social media. This is a brilliant keep-sake – particularly if you may only do one jump!

If you haven't booked your skydiving camera flyer yet, give us a call (01980 670734) to reserve yours.

Pre-booking is recommended as camera slots are limited and not always available on the day.



ON THE DAY CHECK LIST

- | | |
|---------------------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Skydive Voucher (If applicable) | <input type="checkbox"/> Suitable Clothing |
| <input type="checkbox"/> Tandem Waiver | <input type="checkbox"/> Driving Directions |
| <input type="checkbox"/> Signed Medical Form 115a or 115b (as applicable) | <input type="checkbox"/> Photo ID |
| <input type="checkbox"/> Student Provisional Membership & U18's Form | <input type="checkbox"/> Guest Proforma |
| <input type="checkbox"/> Left dog at home | <input type="checkbox"/> A big smile! |
| <input type="checkbox"/> Things to do for children while waiting | |

Arrival Time

The time you have been given on booking is your arrival time here. Do allow extra time to register with our guardroom on the way into the airfield.

Where do I “check in” once I get there?

You will be directed to the drop zone where you should park in the “Visitors Car Park”. From there you will see a red and white checkered double decker bus – it’s hard to miss. Walk toward the bus and directly opposite you will find our reception; the bottom of the stacked porta-cabins. Once there, our helpful staff will check all documentation and register you and/or your group and schedule your training.

What training is given?

There is a 25 – 30 minute ground training programme which covers all aspects of the jump and gives you time to ask questions if you want to.

What happens next?

When it is time for your jump, your instructor will fit your harness and escort you to the plane and help you board. You will then be attached to your instructor and will remain so. The flight to exit altitude takes approximately 12-15 minutes. When the exit point is reached, your instructor will expertly take you into free fall! After your jump, you can go back to tandem reception to claim your certificate and/or video.

If for any reason, you are unable to jump on the day of your tandem training, you can rebook and make your skydive on any available day within 12 months of your original training

Are there any “rules” we need to know about?

Yes. To make the experience safe and enjoyable for everyone, we ask you to respect the following rules:

- Vehicles may only be parked in the space signposted “Visitors Car Park”.
- Please bring your guest pro-forma with you and pass to the Guard Room at the main gate when you arrive.
- Children are the responsibility of the accompanying adult and must be supervised at all times.
- When outside, spectators must remain within the fenced off area and on no account are they allowed to wander onto the airfield.
- Smoking is not permitted within the parachute centre at any time. For those smoking outside the centre please put all cigarette ends safely in the bins provided, not on the ground.
- Persons under the influence of alcohol will be unable to undertake any part of the parachuting programme.



ARMY PARACHUTE ASSOCIATION GUEST PROFORMA

**PLEASE BRING THIS WITH YOU ON THE DAY & GIVE THIS TO THE GUARD
ROOM ON YOUR ARRIVAL**

**PLEASE MAKE YOUR GUESTS AWARE THAT THE AIRFIELD HAS A STRICT NO DOGS POLICY.
ENTRY WILL BE REFUSED IF NOT ADHERED TO.**

NAME OF JUMPER	DATE OF VISIT	
GUESTS NAMES (Guests over 16 should bring photo ID)	Car Reg	

Army Parachute Association Tandem Skydive Waiver



Student Name:

Address:

..... Post Code

Contact Number:

Male / Female (delete as appropriate) Age: DOB:

Email:

Next of Kin Details: Name

Contact Number

RULES AND REGULATIONS

Skydiving is a weather dependent activity, and for your safety we can only jump when the weather conditions are suitable. Skydiving is considered an all-day activity however we will try and get you jumped as soon as possible. If you are unable to jump for any reason then you will need to re-book for another day. No refunds will be issued.

The insurance is valid for 12 months from the date trained.

In the unlikely event of a complete video failure, a full refund of the video will be given. The tandem parachute jump will not be re-jumped or refunded.

It is not always possible to jump with family and friends and to do so may extend your waiting time. We reserve the right to change and amend the student jumping order without notice.

No alcohol is to be consumed before the jump.

In the event of a fire, the muster point is behind the red and white bus.

All children must be under direct supervision at all times as it is an active airfield with inherent risks and dangers.

Everyone must keep within the fenced area and not go beyond the grassed area in front of the red and white bus. It is strictly prohibited to pass or climb over the fence onto the airfield or the parachute landing area.

Walking up to any aircraft without your instructor is strictly prohibited.

I fully understand and agree to abide by the above rules and pass them on to my party.

Signature Date

Please indicate if you would like your skydive filmed here: Yes / No



(This form should be presented to the Parachute Training Organisation by the Participant in person immediately prior to the commencement of their training - it should NOT be sent to the British Skydiving HQ)

STUDENT TANDEM SKYDIVER MEDICAL INFORMATION AND DECLARATION

Name in CAPITALS

Date of Birth

Weight

Height

British Skydiving Membership Number

(May be issued on day of Training)

Skydiving (Sport Parachuting) is a risk sport where there is always a small but definite risk of death, injury or worsening of a pre-existing medical condition. This form is designed to help you identify whether you may be at greater than normal risk and may need to take qualified medical advice before jumping. If you are in any doubt, please take qualified medical advice (normally your GP or a specialist treating you). Your skydiving instructor is not able to give medical advice. **If you have one of these conditions, it does not necessarily mean that you cannot jump but you should first seek qualified medical advice and certification, using British Skydiving form 115B. You should also check with the Parachute Training Organisation (PTO) for details of any height-weight restrictions they may have.**

I DECLARE AND CONFIRM THAT:

I am in robust physical health and am able to exercise and move my limbs without restriction. I understand that being unfit, having frailty of aging or having a weight greater than that shown for my height in the table opposite will render me more prone to injury.

I am not receiving any regular repeat medication, whether tablets, liquids, injections, patches or inhalers (*contraceptive medication can be ignored for the purposes of this section*). I do not have a recurrent need to use painkillers. I have never received prolonged courses of steroids or high dose steroid treatment in the past.

I do not have joint, back, sciatic or neck problems and have not been prone to these in the past. I have never had fractured or broken bones. I have NEVER dislocated or partially dislocated a shoulder. I have not had torn tendons, ligaments or cartilages. I do not have weakness or paralysis of any limb. I have not had partial or complete loss of any limbs. I do not have rheumatism, arthritis or arthrosis.

I do not have any form of heart disease. I have never had a heart attack, myocardial infarction, coronary disease, angina, ischaemic heart disease, heart valve problems, heart failure, irregular pulse, palpitations, chest pain on exercising, peripheral vascular disease, Hypertrophic Cardiomyopathy (HOCM), cardiac pacemaker, aneurysm. I do not have a family history of sudden death at an early age. I do not have raised blood pressure or hypertension. If over 40 years of age, I understand that blood pressure problems are often "silent" and painless at first and that I should have had a blood pressure check with a qualified professional within the last five years.

I do not have any form of lung disease and can exercise vigorously without wheeze or unusual breathlessness. I have not been diagnosed with asthma, emphysema, chronic bronchitis, Chronic Obstructive Pulmonary Disease (COPD), fibrotic lung disease, pulmonary embolism (clot on the lung), pneumothorax (collapsed lung), Cystic Fibrosis, obstructive sleep apnoea. I do not use inhalers, nebulisers or ventilators. I have not had a chest infection or pneumonia within the last 3 months.

I do not have any form of colostomy, ileostomy, urostomy, catheter, PEG, reservoir or other drainage, collection, infusion, shunt or pump device. I do not have any surgical implants or artificial joints. I have not had any surgical procedures within the last 3 months. I have not received an organ transplant. I do not suffer from anaemia, Thalassaemia, Sickle Cell disease or bleeding disorders such as stomach or bowel haemorrhage, haemophilia, ITP or Von Willebrand's disease.

I have never had a serious head injury or fractured skull. I do not have epilepsy or fits and have not suffered from recurrent giddiness, dizziness, faints, blackouts or loss of consciousness. I do not have Cerebral Palsy, myositis, Muscular Dystrophy, Multiple Sclerosis, Parkinsons Disease or any other progressive disease of the brain or nervous system. I have never had a stroke, subarachnoid haemorrhage (SAH), transient ischaemic attack (TIA) or Vertebro-basilar Insufficiency (VBI). I do not suffer from disabling headaches.

NOVICES ONLY					
Imperial			Metric		
st	lb	ft in	kg	cm	
7	7	4 4	47	133	
7	11	4 5	49	135	
8	2	4 6	51	138	
8	6	4 7	53	140	
8	10	4 8	55	143	
9	1	4 9	57	145	
9	5	4 10	59	148	
9	10	4 11	61	150	
10	0	5 0	63	153	
10	5	5 1	66	155	
10	10	5 2	68	158	
11	1	5 3	70	161	
11	6	5 4	72	163	
11	11	5 5	74	166	
12	2	5 6	77	168	
12	7	5 7	79	171	
12	12	5 8	82	173	
13	4	5 9	84	176	
13	9	5 10	86	178	
14	1	5 11	89	181	
14	6	6 0	91	183	
14	12	6 1	94	186	
15	4	6 2	97	188	
15	10	6 3	99	191	
16	1	6 4	102	194	
16	7	6 5	105	196	
16	13	6 6	107	199	

I do not have diabetes. I do not have any form of endocrine or hormonal disease or deficiency such as thyroid or adrenal problems.

I have never been diagnosed with osteopenia or osteoporosis (reduced bone strength).

I do not have a history of drug or alcohol dependence.

I do not have anxiety, panic attacks, depression or post-traumatic stress disorder and have neither needed to see a doctor nor needed any treatment for any of these in the last 2 years. I have never been diagnosed as having psychosis, schizophrenia, manic-depressive psychosis, bipolar disease or any other serious mental illness. I do not have a history of self-harming behaviour or suicide attempts.

I do not have significant learning difficulties, behavioural problems, ADHD, mental impairment, Down's Syndrome (Trisomy 21) or any other form of trisomy. I do not have any problems with my memory. I have not been diagnosed as suffering from dementia, Alzheimer's Disease or significant cognitive impairment.

I do not have sinus or ear disease. I do not suffer from ear or sinus pain in aircraft. I understand that colds or sore throats may make me temporarily unfit to skydive because they increase the risk of ear or sinus pain or damage.

I have not been diagnosed as having cancer in any form.

I have not donated blood in the last 6 months, or if I have donated within the last 6 months, I have had a subsequent blood test showing my blood count is still normal.

I am not on sick leave and am not currently certified as unfit for work. I do not receive any form of sickness benefit, disability benefit or attendance allowance. I have not received a terminal diagnosis. I am not waiting for the results of any tests or investigations. I am not under medical review for any problems

To the best of my knowledge, I am not pregnant.

I have no problems with seeing or hearing, or if I have such problems, I will ensure that my instructors are fully aware of them.

I do not have any form of infectious disease such as hepatitis, HIV or tuberculosis, which may be transmitted by body fluids. I understand that, due to the direction and speed of airflow, my tandem instructor may be exposed to my saliva, blood or vomit in the course of even a normal skydive.

If my health status changes so that this declaration is no longer valid, I will stop skydiving until I have received qualified medical advice.

I understand that the purpose of this declaration is to enhance my safety and that of my instructor. I know that if I have doubts, or do not understand any part of the form, I should postpone any jump until I have obtained qualified advice.

I have had enough time to read (or be read) this form. I have understood it or taken appropriate advice to enable me to understand it.

I accept all risk and understand that any medical condition I have may be made worse by skydiving or may increase my risk of injury or death. I understand that I should take medical advice **before** skydiving if I have any doubts about any medical condition.

Signed

Print Name

Date

WITNESS TO SIGNATURE (The signature above must be witnessed for skydivers aged less than 18 years. The witness **MUST** be their parent or legal guardian):

Signed

Print Name

Date

Print Address

.....

This form is valid for 3 years from the date of signature, provided there is no change in medical condition or injury.

For office use

NAME OF PARACHUTE TRAINING ORGANISATION (PTO) _____ DATE _____

BRITISH SKYDIVING MEMBERSHIP NUMBER (issued by PTO)



www.britishskydiving.org

5 Wharf Way, Glen Parva, Leicester LE2 9TF

Tel: 01162785271, e-mail: membership@britishskydiving.org

APPLICATION FOR STUDENT PROVISIONAL MEMBERSHIP (CATEGORY 3 / TANDEM / AFF LEVEL 1)

**BEFORE COMPLETING THIS FORM, PLEASE READ THE AGREEMENT CONDITIONS ON REVERSE SIDE
ALL SIGNATORIES AGREE TO BE BOUND BY THE AGREEMENT ON THE REVERSE SIDE OF THIS FORM**

An individual, training for their first skydive, is deemed to have been accepted as a Student Provisional member of British Skydiving when an Affiliated PTO has approved and signed this correctly completed application form, from the student, and is in receipt of their payment. The new Student Provisional member will receive confirmation of their membership directly from British Skydiving in due course, provided they have included their e-mail address.

*Delete as appropriate. PLEASE COMPLETE FULLY AND IN BLOCK CAPITALS

NAME (FIRST/LAST) _____ DATE OF BIRTH (DD/MM/YYYY) _____ MALE / FEMALE / OTHER* _____

ADDRESS _____

POST CODE _____

E-MAIL ADDRESS _____ WEIGHT (KILOS) _____ HEIGHT (METRES) _____

The minimum age for skydiving is 16 years

I declare that I am 18 years of age or over / Over 16 and under 18 years of age* (delete as appropriate)

SIGNED _____ PRINT NAME _____ DATED _____

If under 18 years of age, the following must also be completed by the parent or legal guardian of the proposed member.

To: British Skydiving,

I (Name) _____

of (Address) _____

being the parent/legal guardian* of the proposed member, who is now aged _____ years, hereby confirm that I have given my permission for the proposed member to make skydiving descents and that I agree to be bound in the same terms as those contained in the agreement signed by the proposed member and set out above.

SIGNED _____ PRINT NAME _____ DATED _____

APPROVAL FOR BRITISH SKYDIVING MEMBERSHIP BY PARACHUTE TRAINING ORGANISATION

AUTHORISED SIGNATORY _____ PRINT NAME _____ DATED _____

PLEASE NOTE:

British Skydiving membership includes third party insurance which is not valid in the USA or at any parachute training organisation in the UK which is not affiliated to the British Skydiving. A summary of the British Skydiving members' insurance policy can be found on the British Skydiving website at www.britishskydiving.org and is available from any British Skydiving Affiliated Parachute Training Organisation (PTO) and on request from British Skydiving HQ, telephone 0116 2785271, email: membership@britishskydiving.org

CONTINUED OVER

Army Parachute Association Tandem Skydive Waiver

